



Respite Program Information For Carers

MND Victoria has been successful in receiving short term funding from the Victorian Government's Support for Carers Program to fund respite services to support carers of people with MND. This funding is available until 30 June 2022. It is limited to a maximum of \$2000 per carer and is dependent on funds still being available.

The Government and MND Victoria acknowledge that carers make a vital social and economic contribution to society that needs to be recognised, supported, valued and promoted. Carers are important because no-one else does what they do.

Read more information about the Support for Carers Program here:

<https://www2.health.vic.gov.au/ageing-and-aged-care/supporting-independent-living/supporting-people-in-care-relationships>

Eligibility Criteria:

1. You must be an unpaid carer. An unpaid carer is a person providing care to another person requiring that care in a care relationship - you can be working in paid employment, but not be paid for providing care. The carer may be receiving a carer allowance or payment from Services Aust.
2. You must be providing care which includes things such as assistance and support with activities of daily living or personal care, emotional support, encouragement, advocacy, motivation, service system navigation, collaboration with health professionals and assistance taking medicines.
3. The person you care for must be registered with MND Victoria.

Note – funding cannot be paid in arrears.

The funding can be used flexibly for things such as:

1. Respite, for example:
 - a worker caring for the person with MND in a person's home for a few hours (or even overnight) or taking them out into the community.
2. Support, for example:
 - providing information, advice, financial counselling, emotional support, practical/ emotional support to help a carer navigate service systems,
 - support to communicate with the person being cared for and manage complex and challenging relationship dynamics.
3. Goods and equipment, for example:
 - contribution towards cost of a meal on an outing or activity to assist the carer or person receiving care,
 - massage to promote self-care and positive wellbeing, and
 - goods or services that help manage carer stress and anxiety.

If you are interested in this program, please contact your MND Advisor or Jade Spence on jspence@mnd.org.au or 0478 080 647 for more information.